

Covenant Life

- Our next Prayer Meeting is one week from today on November 12th at 3pm. At this gathering we will celebrate Veterans Day and honor members and family members who have served our country. If you have updates or have not already shared a photo with service information, please email it to Sue Wagner at s.wagner@msmcatholic.org
- Our **Life in the Spirit Seminar** continues today at 3pm. Today is week 5, the day when we pray for the Baptism of the Holy Spirit! I am asking all members of the Community to intercede from 3-5pm today. Please storm heaven for the Holy Spirit to be poured out in a powerful way today!
- We have launched our 2024 Stewardship Promise & Recommitment drive. Please discern what level of financial support the Holy Spirit is prompting and where you can serve Community and click here: [2024 Promise](#).
- GodsDelight.org content: [Jubilee](#); Prayer Meeting [audio](#), [summaries](#), [transcripts](#), & [teachings](#).
- Your ongoing financial support to the Community is sincerely appreciated. Please donate online [here](#) or mail your donations to P.O. Box 225008 Dallas, TX 75222.

Reflection

If you read my letters, you know that each week I ask the Holy Spirit for a particular word for us as a Community. Despite our 50 years together, God is always at work revealing His love for us and calling us deeper. Until we come face to face with Him, we persevere in our journey to know Him, love Him, and serve Him!

While I was struck by the tender words of the [Responsorial Psalm](#) and the [Second Reading](#) it was one particular verse in the [Responsorial Psalm](#) that caught my attention: "*I have stilled and quieted my soul*". Having been characterized as a "type A" personality, this has always been a challenge for me. During the intended quiet time of personal prayer, I am barraged with distractions of things that need to be done along with the typical mind wandering. Discussions with my Spiritual Director and many of you confirm that this is a common challenge. King David paints a visual picture of a child resting in their mother's lap to express the inner peace he has found in God and desires to convey in this Psalm.

This inner peace, inner freedom, is what sets Christians apart. Once we have given our lives to God and know that we are destined to live forever with Him, somehow the daily challenges of life and the rat race our culture tries to thrust upon us begin to melt away. This was an attribute that attracted me to Community. Seeing so many Christians live counter-culturally was profound. I recall our 2018 book study of Jacques Phillippe's book [Interior Freedom](#). I have located my copy of this book and, amidst our current global and cultural challenges, intend to read it again.

But rereading David's psalm prompts me to want even more than interior freedom and peace. I hear in his words a real intimacy with God. I want that...but how? This leads me to a book that was recommended to me that has been very helpful. I pass on this recommendation to those of you who may also hunger for a more fruitful quiet time with our Lord. It is a book by Martin Laird entitled [Into The Silent Land](#). This book provides practical advice on the journey of contemplation. It has been helpful to me and others in Community who have read it. Quieting our souls, slowing the pace of our busy lives, and making time for God to be present to us is so vitally important. God's loving relationship, extended to every one of us, requires quality two-way communication. It is clear from reading King David that he found this place. My prayer for our Community is that we each take time every day to be alone with our Lord and Savior and allow His Holy Spirit to reveal His great love, answer our deepest longings, and provide us the confidence we need to live lives of interior freedom and peace.

Let us pray, "My dearest Lord, I renew my surrender to You and here and now surrender and recommit my life to You. Take control of my life and be my all-in-all. I turn from anything that might hold me back and ask You to give me inner peace and confidence so that I can set aside distractions and just be quiet with You. Use my personal prayer time to reveal Your perfect will for my life. I love You Lord and desire a double portion of Your Holy Spirit today so that I can be effective in being a witness for You. Amen."

God Bless,
David