

Sisters and Brothers, let us praise Jesus our light and salvation! 03/16/2025

Covenant Life

- Our next prayer meeting will be next Sunday, March 23rd at 3pm. Children and Youth ministries plan to meet.
- Registration for CAMP JESUS (June 9-13) is OPEN. Register [here](#) or contact camp-jesus@GodsDelight.org.
- GodsDelight.org has prayer meeting [audio](#), [summaries](#), [transcripts](#), and [teachings](#).
- Your ongoing financial support to the Community is sincerely appreciated. Please enter your 2025 Promise [here](#), donate online [here](#), or mail your donations to P.O. Box 225008 Dallas, TX 75222.

Reflection

There is an interesting connection between the [First Reading](#) and the [Gospel](#) having to do with alertness. Abram had responded to a prompting from God to prepare to make a covenant but needed to be patient and alert. The verses recount the long challenge of keeping birds of prey away until nighttime when God would formally enter His covenant with Abram. In the story of the Transfiguration, we hear about the chosen disciples being overcome with sleep while waiting on Jesus to pray.

Maybe the connection is the Holy Spirit asking each of us to consider our own experiences with the divine and how we respond to God's intervention in our lives.

We know God is constantly engaged and active in our lives. His love for us is personal, eternal, and unconditional. He is constantly inviting us to cooperate with what He is about. These scriptures invite us to reflect on our response. Do we tire and let the cares and worries of our daily lives hinder our ability to cooperate with what God is trying to do with us and through us?

We are in the special time of lent, a time to watch, wait, prepare for Jesus giving the ultimate sign of cooperating with God's perfect will. Growing up we were all taught that lent was a sacrificial time and that we needed to give something up to demonstrate our ability to triumph over our flesh and prove our will's ability over our flesh's desires. As we matured, we were also encouraged to use lent as a time to add something positive. Not only giving something up but also invest time and energy in something that would deepen our relationship with God.

The readings today, in the context of lent, suggest we ponder what aspects of our lives might be creating a burden that weighs on us, that stress us, that causes

fatigue that might hinder our ability to remain alert and engaged as God reveals what He is about and how we can cooperate with Him. They also suggest that we can invest in the positive, in habits and practices that promote surrender and engagement to Him. Maybe God is asking us to invest in a new activity this lent (longer prayer time, daily scripture study, *lexio divina*, a longer time of silence in our prayer time...) that He can use to speak to us.

We are a covenant people. God has invited us into a special covenant with Him just as He did with Abram. God has made numerous promises to us, and we have witnessed the fruit of that yes for 52 years. Today He is reminding us of His call for us to fully live that covenant and not tire or be distracted. He is not finished with us, individually or as a people. He reminds us that we must stay awake and alert. Staying awake and alert requires a turning from those things that can tire us and invest in things which allow us to stay engaged and hear Him. What is He asking of me today? How can I take one positive active step to respond today?

Let us pray, "Heavenly Father, I hear Your call and desire to remain alert and awake and engaged with whatever You are about. Please free me from whatever distracts me or causes me to tire. Please give me the Gifts of Your Holy Spirit so that I may always remain awake, alert, and engaged with whatever You are about in my life. It is my heart's desire follow Your Son Jesus and His example and totally surrender to Your Holy and perfect will. I surrender my all to You. I love You! Amen."

God Bless,
David

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